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ANODEA JUDITH, Ph.D., is a leading authority on the integration of chakras and therapeutic issues. She is the author of the chakra classic *Wheels of Life*, along with several other books, audio courses, and the video *The Illuminated Chakras*. I finally finished reading *Eastern Body Western Mind* by Anodea Judith. As I am a realist and an empiricist, this book appealed to me because it dives deep into the connections of Western psychology and Eastern philosophy. *Ayurveda Research Papers (CCA Student papers)* The selected papers published on our website have been written by students of the California College of Ayurveda as a part of their required work toward graduation.