

Download Getting Past Your Breakup

If you're being slammed by your ex's social media posts, it's time to detox from social media until such a time when you can handle it. It's time to block the ex and (temporarily) any mutual friends. If you can't do that, it's time to get off social media altogether. The videos for Getting Past Your Breakup How To Turn A Devastating Loss Into The Best Thing That Ever Happened To You by Susan J. Elliott and the Mean Lady Talking podcast, All of the videos are ...A proven plan for overcoming the painful end of any romantic relationship, including divorce, with practical strategies for healing, getting your confidence back, and finding true love It's over--and it really hurts. But as unbelievable as it may seem when you are in the throes of heartache, you can Susan J. Elliott, J.D., M.Ed. Getting Past Your Breakup: How To Turn A Devastating Loss Into The Best Thing That Ever Happened To You (DaCapo 2009)