

# Download Lobster Other Shellfish Flavours Cookbook

Unlike many other types of seafood around the UK which have all but vanished due to overfishing, the lobster population around Britain's coastlines has boomed in recent years. It's always exciting when a new eatery opens in town. I was fortunate enough to have been invited to this evening's pre-opening event for Charlottetown's newest restaurant featuring lobster rolls and tacos. Mussels are relatively cheap and plentiful for shellfish, and can be sourced sustainably. They taste incredible simply steamed in a light shallot sauce or added to other dishes for a seafood mix. Airline chicken Airline chicken can be several things, depending upon who you talk to. It can be a fancy cut, a special presentation, or a negative appellation directed at inflight foodservice.