

Download Oh My Aching Back A Doctor S Guide To Your

Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. Oh, My Aching Back — Or Is It My Hip? Back problems can masquerade as hip problems. There is a lot of overlap between hip and back pain experts say. Donald S. Corenman, MD, DC is a practicing orthopaedic spine surgeon and chiropractor in Vail, CO and the author of Everything You Wanted to Know About The Back, a consumer's guide to the diagnosis and treatment of lower back pain. Over time, this will develop into the popular dowager's hump, double chin, pot belly and sway back. Internally your body will develop varicose veins, pinched nerves, heart and muscle strain." From the Chicago Center for Anti-Aging.