

# Download Walking In The Thames Valley

Thames Valley Harriers is based at Wormwood Scrubs in the heart of West London and is one of the UK's top athletics clubs. We are here to help people of all ages and abilities from the local community to enjoy taking part in athletics to their level of ability or choice. Welcome to Thames Valley Trail Association: Join the Thames Valley Trail Association (TVTA) which leads 5 or more walks and hikes a week in London, Ontario and the surrounding areas. Take on the Thames Path Challenge following England's greatest river - most will walk it, many will jog, some will run it, and all will have a special reason to push themselves. In the months from September to October, a little more than 100 cadets took part in Thames Valley Wing Air Cadets' fieldcraft courses. Also known as the 'Tactical Leadership Courses', they culminated in a blank firing exercise with cadets, a first for the Wing.